

BRIEF CURRICULUM VITAE (CV)

Name: Dr. Shirish K. Shitole

Associate Professor and Head

Department of Psychology

(UG and PG-Counselling Psychology)

Institute: Mahavir Mahavidyalaya (Shivaji University), Since 2002

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Educational Qualification:

1. Psychology:

- **Doctorate in Psychology**
Ph.D. Thesis Title: Training Programme Development and Evaluation for building Study Competencies and Self-regulation Strategies for UPSC/MPSC Class-I Officers' Examination
- Masters in **Clinical** Psychology (S.P. College, Pune) (2006)
- Masters in **Industrial** Psychology (S.P. College, Pune) (1997)
- **SET Examination (Qualified before MA)** (1997)

2. Engineering:

- **Electrical Engineer** (Government Polytechnic, Solapur) (1991) with **4 years working experience in industries**

Teaching Experience:

For Under-graduate Level: 22 Years

For Post-Graduation Level: 18 Years

University/College Level Professional Contribution:

For New Education Policy (2020)

- **Member of Humanity Faculty for NEP 2.0 - Shivaji University, Maharashtra, India (2023-28). Designed Standardized Format for Structure of Humanities rolled out from 2023-24 (PG) and 2024025 (UG) as per NEP guidelines.**
- **Member of E-Content and MOOC development (Faculty of Humanities) for NEP 2.0 - Shivaji University, Maharashtra, India (2023-28).**
- **Member of Academic Council, Mahavir Mahavidyalaya, Shivaji University, Maharashtra, India.**
- **Member of Board of Studies in Psychology (BOS): Shivaji University (2023-28), Mahavir Mahavidyalaya (2021-24, 2024-27), T.C. College, Pune , Abeda Inamdar College, Pune and Khemraj College, Sawantwadi.**

Other:

- **2004 – 2011: IQAC Coordinator for NAAC in Mahavir Mahavidyalaya (Currently collage has NAAC 'A' Grade with Autonomous Status).**
- **Designed and carried out Workshops and Training for Professors and Administrative staff of different colleges to prepare them to face NAAC Accreditation process.**

Research:

- **10 research papers are published and 7 papers are presented** in various national and international conferences
- **Acted as resource person and research panel expert** in various national and international conferences

Human Resource Development Professional Expert/ Trainer/ Consultancy Work:

- **Resource psychologist on Dr. APJ Kalam dream project 'VISION 2020' under Newspaper in Education run by Daily Sakal, Pune, Maharashtra.**
- **Training Programmes design and conductance for leadership development for Class-I officers** under Jnana Prabodhini, Pune, Maharashtra.
- **Workshops for leadership development for Political Leaders** under Panhala Nagar Parishad, Kolhapur, Maharashtra.

- Resource psychologist on project '**Child and Youth Development**' designed by **Jnana Prabodhini, Pune, Maharashtra and Tata Group.**
- **Consultant for CBSE School Concept Design and Execution** for Ahmednagar Education Society, Ahmednagar, Maharashtra.
- Training Programmes/Workshops design and conductance in the fields of **Personality development, Communication Skills, Stress Management, Emotional Intelligence, Team building, Management of Change and Effective Parenting**

Contribution in guidance for Competitive Examinations and Career Development:

- Professional **Career counsellor**
- **Guided 25000 UPSC/MPSC aspirants out of which 2000 Class-I/II officers** are currently serving in civil and military services
- Contributed as an expert in in the fields of **study related strategy planning, teachers' training, study processes guidance and teaching of various subjects for UPSC/MPSC competitive examination** centers in **Pune, Kolhapur, Jalgaon, Ichalkaranji** (All in Maharashtra) since 1996.
- **Mock interview panel expert for UPSC/MPSC Examinations** since 2000.
- Guided aspirants appearing for **SSB Examination (Personality Testing) for Indian Military Class-I Service.**
- **Talk shows/Interviews for Career choices** and development on various **TV channels and Radio.**

Contribution in Social and Economic Development:

- **Pilot Survey Expert on 'Project aimed at bringing 33000 tribal families above poverty line sustainably'** carried out by BAIF, Pune and **Economic European Commission (Outlay: Rs. 95 Crores)**
- **Actual Stay, study and report making of Jammu-Kashmir Terrorism issue and Malnutrition issue in Melghat Jungle, Maharashtra**

Contribution through Electronic Media:

- **More than 200 Live Phone-In Counselling Episodes on Mental Health Development and Issues conducted by Tomato FM 94.3, Kolhapur since March, 2020 (still continued...)**
- Resource person on psycho-socio-educational issues for **Doordarshan, B-Channel, FM Radio, All India Radio, Facebook Live, You Tube and Telegram**

Contribution through Workshops/Lectures:

- **More than 1500 lectures/workshops are delivered** in Maharashtra related to mental health, educational and socio-economic issues

Contribution through Writings:

- **4 books are published** (2 in Marathi and 2 in English)
- **More than 100 articles written in various newspapers (Daily Sakal, Maharashtra Times, Pudhari, Lokmat etc.)** related to mental health, educational and socio-economic issues.

Contribution in Cultural and Sport Field:

- **Mental Health and Competence Coach** for state and national and International level sport-persons.
- Represented as **state level Kho-Kho player** for **3 consecutive years**.
- **Script analyst and trainer for actors in character building** for various prize-winning dramas and short films.